

# CRAFT DETAILS

Watch the daily videos for complete instructions!

Written instructions are also included on the back of this sheet.

## SUPPLIES FOUND IN THE ARMOR UP KIT

If you don't have an Armor Up Kit, don't worry— all patterns are available at [www.fumcmontgomery.org](http://www.fumcmontgomery.org) on the children's page.

**MONDAY:** Belt of Truth—Pattern for trust letters and belt “tie” to color, cut out and affix to the belt. 3 pieces of construction paper to decorate the belt if desired. Sentence strip.

**TUESDAY:** Breastplate of Righteousness— Pattern for righteousness emblem to color, cut out and affix to breastplate.

**WEDNESDAY:** Shoes of Peace—Peace stickers to color and place on shoe straps. One piece of cardstock to make shoe straps.

**THURSDAY:** Shield of Faith—Pattern for shield to color, cut out and affix to foil covered shield.

**FRIDAY:** Helmet of Salvation—Pattern for helmet to color, cut out and assemble.

Take pictures and don't forget to post them using #ArmorUpFUMC

## NON-STANDARD SUPPLIES

- ♦ Paper grocery bag
- ♦ Front of a cereal box
- ♦ One or two pieces of cardboard large enough to trace your child's shoes. Make sure the cardboard is sturdy but not too hard to cut! Cereal boxes could work.
- ♦ Fun decorative stickers, jewels, etc. to decorate pieces of armor (optional, but your kids would love it!)

## GENERAL SUPPLIES FROM HOME

- ♦ Glue or glue stick
- ♦ Scissors
- ♦ Markers or crayons
- ♦ Pencil
- ♦ Tape
- ♦ White copy or printer paper
- ♦ String or ribbon
- ♦ Aluminum foil

## Belt of Truth

### Supplies:

- Belt of Truth Printable
- Sentence strip
- 3-5 pieces of construction paper
- Glue or tape
- Crayons/markers
- Scissors
- Assorted stickers, gems/jewels, glitter (optional)

### Instructions:

1. Color the TRUTH letters and cut out.
2. Cut out the "tie shape" from the printable.
3. Use the tie-shaped cutout and trace it 5 times onto construction paper.
4. Cut them out.
5. You can decorate these any way you like.
6. Now, glue or tape the tie shapes to the back of your sentence strip.
7. Glue or tape your TRUTH letters to the front of the sentence strip at the top of each construction paper strip.
8. Decorate your belt with any extra jewels, stickers, or glitter.

## Breastplate of Righteousness

### Supplies:

- Breastplate of Righteousness printable
- Crayons/markers
- Scissors
- Glue/tape
- A paper grocery bag
- Stickers/ construction paper/ jewels (optional)

### Instructions:

1. Color and cut out the Breastplate of Righteousness printable.
2. Cut out the sides of the grocery bag.
3. Cut up the middle of the back of the grocery bag and cut out a neck hole.
4. Glue your breastplate to the front of the grocery bag.
5. Add any additional decorations using any craft supplies that you have on hand.

## Shoes of Peace

### Supplies:

- PEACE stickers
- 2 pieces of cardboard slightly larger than your foot
- Crayons/markers
- Glue
- Tape
- A piece of cardstock or sturdy paper
- Scissors
- 1-2 pieces of white paper
- A pair of your own shoes

### Instructions:

1. Color the PEACE stickers.
2. Trace the outline of your shoes onto the white paper. Decorate.
3. Cut out.
4. Glue shoe cut outs to the cardboard pieces.
5. Fold your cardstock over about 3 inches, then fold again. Unfold and cut on the creases.
6. Place one PEACE sticker in the middle of each strip.
7. Cut out your cardboard feet.
8. Tape each side of the strap to the bottom of the cardboard cut out to create PEACE slides or sandals.

## Shield of Faith

### Supplies:

- Shield of Faith Printable
- Crayons/markers
- Scissors
- Glue/tape
- A piece of tin foil
- The front of a cereal box
- A pencil
- A piece of string or ribbon

### Instructions:

1. Color and cut out the Shield of Faith.
2. Lay your shield on the cereal box and trace the shape slightly larger than the shield. Cut out.
3. With help from an adult, use the pencil to punch a small hole in the middle of the cereal box.
4. Tie your ribbon or string into a loop and push the knot through the small hole in your shield. Tape it down. The loop will be on the back, forming a handle.
5. Lay your cereal box shield face down on a piece of tin foil, and trace the shape slightly larger. Cut out.
6. Wrap the extra tin foil around the back and tape or glue into place.
7. Glue or tape your shield printable onto the front of your shield. Decorate as desired.

## Helmet of Salvation

### Supplies:

- Helmet of Salvation printable
- Crayons/markers
- Glue/tape
- Scissors
- Decorative paint/jewels/ stickers (optional)

### Instructions:

1. Color and cut out the pieces from the Helmet of Salvation printable.
2. Cut the fringes on the crest piece.
3. Glue or tape the crest to the top of the helmet.
4. Glue or tape the cheek guards onto the bottom corners of the helmet, one on each side.
5. Glue or tape one band onto each side of the helmet.
6. Glue the visor to the bottom of the helmet. It should pop up just a little bit.
7. Add any additional jewels, stickers, glitter, or paint as desired.