

EARLY REGISTRATION FORM

2019 PANCAKE RUN REGISTRATION INFORMATION

Early registration is due by 4:30 p.m., Thursday, May 9th.
Day of race registration begins at 6:30 a.m. at the church.
T-Shirt guaranteed for pre-registered individuals.

Early registration 5K and/or 1 mile race	\$20
Day of race registration 5K and/or 1 mile race	\$25
Early registration - Tot Trot	\$6
Day of race registration - Tot Trot	\$10
Early family registration (up to 4 people) - 5K and/or 1M	\$65
Day of race family registration (up to 4 people) - 5K and/or 1M	\$85
Phantom runner*	\$20
Pancake breakfast for non-racers	\$5

Runners may participate in the 5k & 1 mile race for one fee.
Nursery provided if indicated on Early Registration Form.

*Phantom Runner - Sleep in & support our run.
A t-shirt will be reserved for you to pick up.

AGE GROUPS

Male & Female 5K 3 deep
10 & under; 11-14; 15-19; 20-24; 25-29; 30-34; 35-39;
40-44; 45-49; 50-54; 55-59; 60-64; 65-69, 70+

Male & Female One mile 3 deep
Overall, 5 & under; 6-8; 9-11; 12-14

Ribbons will be awarded to all participants of the Tot Trot.

PANCAKE BREAKFAST

All race participants are invited to a complimentary pancake breakfast immediately following the race in the Fellowship Hall, sponsored by The United Methodist Men. Non-racers may enjoy pancakes for a \$5 donation.

Last Name _____

First Name _____ MI _____

Address _____

City _____ State _____ Zip _____

E-mail: _____

I am participating in the:

- 5K Run 1 Mile Fun Run/Walk
 Tot Trot (5 years old and under) Phantom Runner

Age on day of race _____ Date of Birth _____

Male Female

T-Shirt Size Youth M Youth L

S M L XL XXL

Nursery needed? ___ Yes ___ No

If so, how many children? _____

Include registration fee by check (non-refundable)
payable to: First United Methodist Church
2416 West Cloverdale Park Montgomery, Alabama 36106

Please read the following statement and sign below before submitting entry:

In consideration of the acceptance of this entry, I, on behalf of myself, my personal representatives, beneficiaries and heirs, waive, release, and discharge any and all rights and claims which I may have or which may hereafter accrue to me or my estate, against First United Methodist Church, the sponsors, and all parties who are putting on this event as a result of any injury or death suffered by me at this event or while traveling to and from this event. I knowingly assume all risk involved in this event. This release is to be as broadly interpreted as possible under Alabama Law.

Signature of Participant

Signature of Parent or Guardian